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## Welcome aboard

Once again the Festival of King Island is on featuring the well respected and talented Deborah Conway. The festival has a variety of Australian and local Artists, Sharp Airlines are proud to support this event once again assisting with the transport of artists and passengers to the island.

Our Griffith to Melbourne services are growing, providing successful links between Melbourne and the Riverina. Griffith residents now have direct access into Melbourne and can connect to our Tasmanian services giving them the opportunity to explore King and Flinders Islands.

I invite you to visit one of the many festivals over the summer months in Tasmania, with an array of international, national and local artists. It is one the best times to visit.

Malcolm Sharp  
DIRECTOR

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# FESTIVAL OF KING ISLAND

## DEBORAH CONWAY

Deborah Conway is a significant and eloquent contributor to Australian music, singing songs that chronicle the essential elements of life, love, loss, memory, the mundane and the spiritual. Restless and confounding, her powerful voice and presence has fascinated audiences for the past 30 years. A rare female agitator in a time when the music industry was male dominated, Conway continues to be a role model for young women and a mentor to emerging artists.

From the moment her band, Do Re Mi, released the iconic Man Overboard, off their debut album Domestic Harmony in 1985, Conway has always followed her own path. The song was radically different to radio playlists, a rant on gender politics and without a chorus, yet it sat at the top of the charts and introduced her as a compelling force.

In 1986, relocated to Europe, Do Re Mi wrote and recorded a second album, The Happiest Place in Town. The single Adultery and album were well received but by the end of '88 the band had split and Conway remained in the UK to work on a variety of projects. These included singing on The Iron Man by Pete Townsend, alongside Nina Simone and John Lee Hooker, and acting and singing in Peter Greenaway's film Prospero's Books, scored by Michael Nyman. Throughout this period Conway continued writing and in 1990 returned to Australia with an album's worth of new material ready to record again.

Conway's debut solo album String of Pearls, released

in 1991, was a radical departure from Do Re Mi. Its themes of youthful reflection and tongue-in-cheek irreverence, embodied in It's Only The Beginning, Release Me & the Bittersweet title track, won her Best Female ARIA award that year. One of Australia's emblematic female singer-songwriter albums, String Of Pearls found an essential and enduring place.

The album release was accompanied by an extensive national tour with band The Mothers Of Pearl in which Willy Zygiel played guitar. This was the start of a highly successful songwriting and personal collaboration for Conway & Zygiel that has resulted so far in eight records and three children.

In 1993, Conway & Zygiel produced their first album together, Bitch Epic, the title coming from "Random words, cut up and pulled from a hat". From its distinctive cover, which saw Conway smeared with Nulella and little else, to its rich and complex musicality, Bitch Epic pursued a singular path. Once again radio was pushed unknowingly into adding unusual textures and sounds to their programming: the 5/4 beat of Alive and Brilliant and the loping, unique rhythm of Today I Am A Daisy both made their way onto the airwaves. Wanting to take music more respectfully at a time when most Australian acts were playing pubs and beer barns, Conway & Zygiel became producers, underwriting The Epic Theatre tour in grand old theatres around the country.

In 1995, inspired by their first child on the way, Conway



and Zygiel formed Ultrasound, a band with the much missed Paul Hester (Split Enz, Crowded House) and Bill McDonald (Frene, Rebecca's Empire). This eponymous & experimental album featured hypnotic and cinematic instrumental soundscapes as well as strange and otherworldly songs full of levity and menace. It was a radical step away from the pop world but yet another 5/4 song. 3 Love, made its way onto radio.

My Third Husband (1997) and Exquisite Stereo (2000) formed a diphych, two sides of the same coin, claustrophobic songs and harrowing tales told with grim humour. The former, written & recorded in London musically explored electronica; the latter, celebrated the full force of distorted electric guitars and drums and was recorded in Melbourne with the rhythm section from Angie March. The title track featured a duet with Neil Finn. These albums capped off Conway & Zygiel's years of working primarily with amplified instruments.

In 2001, Conway was cast in the title role of the theatre piece, Always... Patsy Cline, and began a love affair with country, roots and Bluegrass music. To accompany the production Conway & Zygiel released PC The Songs Of Patsy Cline, an album of idiosyncratic versions of Patsy Cline songs, their theory being if you're going to record classics you have a duty to make them your own. Conway was a natural Cline, loved by audiences and critics; she completely inhabited the role of the gifted country songstress who died far too young.

2002 saw the release of a Greatest Hits record, Only The Bones. It was an impressive collection of songs vividly illustrating the variety of musical twists and turns they'd taken and underlining Conway & Zygiel's reputation amongst fans and journalists for being wry and quirky observers of life.

In 2004, Conway and Zygiel became truly independent and released Summertown on their own label. It was a total musical break from their previous collaborations, a sweet, breezy collection of lyrical optimism and irresistibly hummable melody. Summertown garnered enviable reviews and saw them reinventing

relationships with audiences in a digital age in a very immediate and visceral way through home performances called Summerware parties. It started media who were used to the standard barrier between performer and audience and spawned an outbreak of home party concerts.

In 2005, inspired by their adventure of new ways of bringing music to people, Conway and Zygiel became producers again and launched the inaugural production of Broad. Broad combined female singer/songwriters from very different genres of music on stage together to contribute to each other's music and explore, by way of conversation, their approach to their craft. Introducing a number of wonderful emerging artists to Australian audiences, the series of Broad productions continued in '06, '07 & '08 and featured the incomparable talents of Katie Noonan, Ella Hooper, Clare Bowditch, Mia Dyson, Kate Miller-Heidke, Sally Seltmann and the late great Rudy Hunter, to name but a few.

In May 2008, Conway, recognised as an innovator and a generator of unique ways of presenting music to people, was offered the role of Artistic Director for the Queensland Music Festival. Conway is the first woman to direct this biennial state-wide celebration of music which is the largest by land mass music festival in the world. In July 2009 Conway's QMF staged 44 events in over 20 regions to an audience of 140,000 across the state, including an opening event on Thursday Island with The Black Arm Band, Kew Carmody's Cannot Buy My Soul at Brisbane's Riverstage, Michael Nymans concert with William Barton and the premier Australian performance for legendary US saloon & swing maestro Dan Hicks. Conway's artistic director role is one in a career of extra curricular activities, writing music & appearing in Geoffrey Rush's Belvoir Street production of Aristophanes' Frogs alongside Toni Collette; accepting Paul Grabowsky's invitation to present an evening of Conway & Zygiel's compositions at the Melbourne Concert Hall with the Australian Art Orchestra; performing in Andree Greenwell's moving musical



account of earliest female settlement of the colonies – Dreaming Transportation, writing & recording with classical composer George Dreyfus; recording with Brisbane band George their version of Man Overboard. But her career has always returned to the core business of writing and performing her songs.

In May 2010 Conway & Zygiel launched their 9th studio album Half Man Half Woman, recorded in Melbourne with producer James Black.

It is another passionate and accomplished singer/songwriter album that chronicles love in the middle ages, life in the 21st century and the human condition of now, then and what will be. It's an album that gives equal weight to an eight-minute rant, a ninety-second instrumental miniature and a song sung by their three young daughters and marks the next chapter of the half man half woman Conway Zygiel project.

## WILLY ZYGIEL

Willy's first recorded appearance was with his band Tootleville on the Cooking With George Mark Too compilation record, released by radio station Triple J in 1985, though he had been spotted haunting Melbourne's live music venues long before that. Tootleville followed this up with an album entitled Basic in 1990 that was The Age's Green Guide album of the year.

He first appears in the Deborah Conway story (officially) on the credits of the Release Me single as co-performer of the live version of Will You Miss Me When You're Sober.

Willy came into the limelight proper with the release of Birch Epic in 1993. He co-wrote the record with Deborah & co-produced. The notes for the album simply say "thanks especially to Willy for always getting me across the bridge".

Since then he & Deborah have collaborated on all her "solo" records and the subsequent records released under both their names; but he has also enjoyed an extra-curricular career and has

produced and arranged music for a number of Australian feature films, and documentaries – The Nugget, Horseplay, Ned & Parngaj, and for television has composed scores for the ABC's Eagle & Evans, Sounds of Australia & Stuff, SBS's Global Village, Thalassa, Everbody Loves A Wedding & Decadence, Channel 9's telemovie Little Overton and for the ABC, The Ball.

As a producer, other than the Conway albums, Zyglar has produced Toni Collette's Beautiful Awkward Pictures & The National Living Treasures' Wide Music.

Composition commissions include scoring the Barrie Kosky curated Voice Jam & Videotape (music for the film "Night" by Lawrence Johnston) for the 1998 Adelaide Festival; The Erd Of Music a large-scale piece for the Australian Art Orchestra that premiered at the Wake! Auditorium Melbourne, January 2000 and broadcast by ABC Classics; & a song for the Victorian Government celebration of "Eureka 150", Zyglar

composed the score & created the sound design for a production at the Melbourne Planetarium, Tycho To The Stars & composed two pieces Elysium7 & 2DF for installations at the National Museum in Canberra.

He is also responsible for the woodwind arrangement on the song The Blue Hour recorded for the Bill Sisters' debut album Vika and Linda.

Although most people only know him for his terrific guitar work he has been known to play numerous string instruments & to be occasionally heard blowing the saxophone very late at night.

Other Willy Zyglar trivia is that he was once in the Australian TV show "Prisoner" as an Italian prisoner "Luigi Pavoni" – or at least answered with a "Yup" to that name in a roll call, which appears to be the extent of his speaking parts in the movies.

## THE WORDS OF MEN/ BITCH EPIC 25TH ANNIVERSARY TOUR

In 2019 Deborah and Willy toured major venues across Australia to present their newest recording The Words of Men, played in its entirety in the first set, alongside the 25th anniversary of Bitch Epic played in its entirety in the second set.

The Words of Men reflects one of the most creative bursts in their 27 year collaboration, traversing a wide range of themes against the backdrop of the strange circumstances they find themselves in as the 21st century progresses.

Bitch Epic was their first creative output together, it spawned a number of radio hits including Alive & Brilliant, Today / Am A Daisy & Consider. This and set the tone for their restless career.

Performing at the Festival of King Island, 31 January to 1 February 2020.

To book your tickets – [folk.com.au](http://folk.com.au)



## FANNY LUMSDEN

Fanny Lumsden is a hoot!

With an ARIA nomination for 'Best Country Album' for her debut album 'Small Town Big Shot', Fanny Lumsden has followed up by winning a string of accolades including two ARIA nominations, two CMAA Golden Guitar Awards, a CMC Award, the APRA PDA for Country, and the AIR Best Independent Album of 2018 for her second album 'Real Class Act' which debuted at #1 on the Country ARIA charts.

Fanny and her team also received the Golden Guitar for the CMC Video Clip of the year for her song 'Elastic Weisband'. Her single 'Roll on' from the album went to #1 on CMC and also was the highest Aussie film clip for the year in their top 100, coming in at #3, and has been in the top ten radio charts for 18 weeks running.

Fanny is a "breath of fresh country air" according to Rolling Stone Magazine

Fanny is taking her music to the people, one small town at a time, with her sellout annual Country Halls Tour: No stranger to the road, her and her husband Dan have now clocked up hundreds of thousands of

"Breath of fresh air"  
Rolling Stone Magazine

"They play Australian, but it's a new kind, they make it their own."  
Rolling Stone Magazine

"Fanny Lumsden is the future of Australian Country music."  
Samuel Leighton-Dore, The Brag

"What Lumsden does cleverly is paint pop colours and shapes over a roots music framework, but while doing so she also addresses some weighty and important issues."  
Chris Farnilton, Post to wire

kms taking the tour all over Australia. The Tour, now in its 7th year, has reached over 70 halls throughout Regional Australia and with over 60 new halls applying to host this year, she shows no signs of slowing down.

Featuring totem tennis matches, hills hoists and an overall 'hell of a time' Fanny is, as Chris Farnilton (Post to Wire) puts it: "a born entertainer with a voice that swings between pop, soul and country and, by surrounding herself with fine musicians (The Thrillseekers), she's never failed to leave an imprint on an audience by way of her personality and performance."

"In her own lane and on her own terms, Fanny Lumsden is a celebration of New Australians".

Born and bred on a farm in western NSW, 600km from the nearest City, Fanny Lumsden grew up riding horses, helping out on the farm and living a seemingly idyllic Aussie Country upbringing with her family.

Fanny's grandmother actually grew up on King Island and was the inspiration for her single 'Sea Elephant School'. It's a positive-energy, toe-tapping tune that will buzz around your head the whole day.







Instantly, Believe swells into that classic Mitch King folk mastery. He has a unique way of picking an acoustic guitar - something only the greats like Bon Iver possess, almost as if he was born to play it in the first place. His voice kicks in soon after--it's warming and comforting and soars higher than he's done before. Believe is the second taste from his upcoming EP.

**AAA Backstage - 2018**

## MITCH KING

Mitch King is a multi-instrumentalist from Australia. Since starting out busking on the streets of his home town he's gone on to sell out Australian headline shows, performed internationally and was hand selected by Supertramp's Roger Hodgson as support act for his 2019 Australian national tour.

He's performed at many Festivals including St Kilda Festival, NYE on the Hill, Byron Bay Bluesfest and Blues on Broadbeach to name a few. US NFL Green Bay Packers used his track "Coming Back" to promote their Season Opener in 2016 and its since been streamed over 1.3 million times on Pandora radio. EP "Southernly Change" debuted at #2 on the iTunes Blues Charts for 10 days straight whilst single "Burning" has had over 2.4 million Spotify streams.

Mitch has been focusing on writing new material for the better part of 2019, collaborating with artists including The Temper Trap, Diesel and the Pierce Brothers. The future is definitely looking bright for Mitch as he starts recording his sophomore EP.

An "absolute explosion of talent, with fingertips of steel and vocal pipes of a howling stream train" is how his music has been described. His Rock-Folk and Roots and Blues style is a sweet mixture of inventive, electrified and acoustic music. Combine this with his dynamic live performances it's easy to see how his audiences are left spellbound.



## 99 REASONS WHY YOU SHOULD GO TO FOKI

by The Rusy Falcon

pollution and smells of one sort or another (good or bad). This may sound a little silly but come to King Island and suck in the fresh air and the salt; it will restore your pallet and your senses.

### THE SURFING

Now for some people surfing is number one, but then again if you don't surf it sort of might not mean much, but you can admire some of the world's best surf breaks from brilliant beaches. If you do like to dance on or in the waves though King Island has plenty of great surf of all types, it's a secret surfers mecca. The breaks are magnificent and you wont have to compete with a heap of other surfers to catch that ride.

### THE FISHING & BEACH COMBING

Like the surfers the fisher people have a multitude of area to fish without competition. From surf rod fishing (mainly mullet, shark or salmon) on sandy beaches, rock fishing (swamp, wrassell, about on a dinghy (flathhead, shark, kingfish, snapper & trumpeter) to diving for crayfish and abalone this island offers a smorgasbord to the keen anglers and divers. You can admire the magnificent scenic under water life in the oceans around the island; or take in a visit to the kelp factory.

### THE WORLDS CLEANEST AIR

There is seriously something special about breathing in the pristine fresh air on King Island. Especially for the unfortunate city folk who are surrounded by air

The Festival of King Island (FOKI) is on again and it got us to thinking about our favourite festival and the reasons why we love to visit the Isle of the Kings. The festival of King Island is such a charming little secret and actually that's half the beauty of the annual event. It is held on the rugged yet beautiful Island in the middle of the Bass Strait, King Island is a cool paradise in the summer time.

Lucky for me I have travelled a bit over the years, from the charming toy dines of Hobart to the stunning Maldives, from magnificent Perth to posh England, from historical Europe to the tantalising tastes of Asia. All up summer time on King Island is as good as anywhere on the planet. The roaring forties keep the air fresh and it does get hot but not too hot for too long. The days are long and the summer sunsets are simply sensational.



## THE GOLF

So the last three are all sports and golf isn't for everyone but all three courses on King Island are world class and all hold absolutely stunning views. The original 18 hole King Island Golf club is a great course that boasts a club house with bowls and a squash court all with magnificent views, particularly the incredible sunsets. The Ocean Dunes and Cape Wickham courses have both been voted as a top ten public golf course in the world at number 1 (Wickham) and number 4 (Ocean Dunes) and rightly so.

## THE MUSIC

This is about a festival that brings you an array of high class independent artists as well as some talented locals with a sprinkling of major label artists. This festival however is an experience, the music, the culture, the food, the famous slippery slide, the yoga, the scenery, the sunsets, the easy going vibe all combine to make this event unique.

## THE FINE FOOD

King Island is famous for its agricultural products because it is God's country for this purpose. The world's best beef, lamb and cheese are all produced in this stunning climate. All grass fed nature's way and produced to the highest quality. Throw in some fresh scale fish, delectable crayfish, oysters, octopus, the famous local pies and local condiments like salt, bush pepper and honey. Take in a local eatery or make use of the famous restaurant with no food or use one of the many barbecues around the island.

## THE SCENERY

King Island is a flat island that the locals call "the Rock". However there is still much to see. From the iconic Currie lighthouse (right next to the festival site) to the Cape Wickham massive granite lighthouse (right next to the famous golf course) the catchied forest, old mining town at grassy (known as G town), sleepy coastal resort of Naracoopa, miles of sandy beaches,

cliffs overlooking the mighty Southern Ocean, all dotted with rugged rocky coastline and bays. Abundant wildlife is everywhere especially the penguins at Grassy which a must see. Plenty here to look at and all with no bustle!

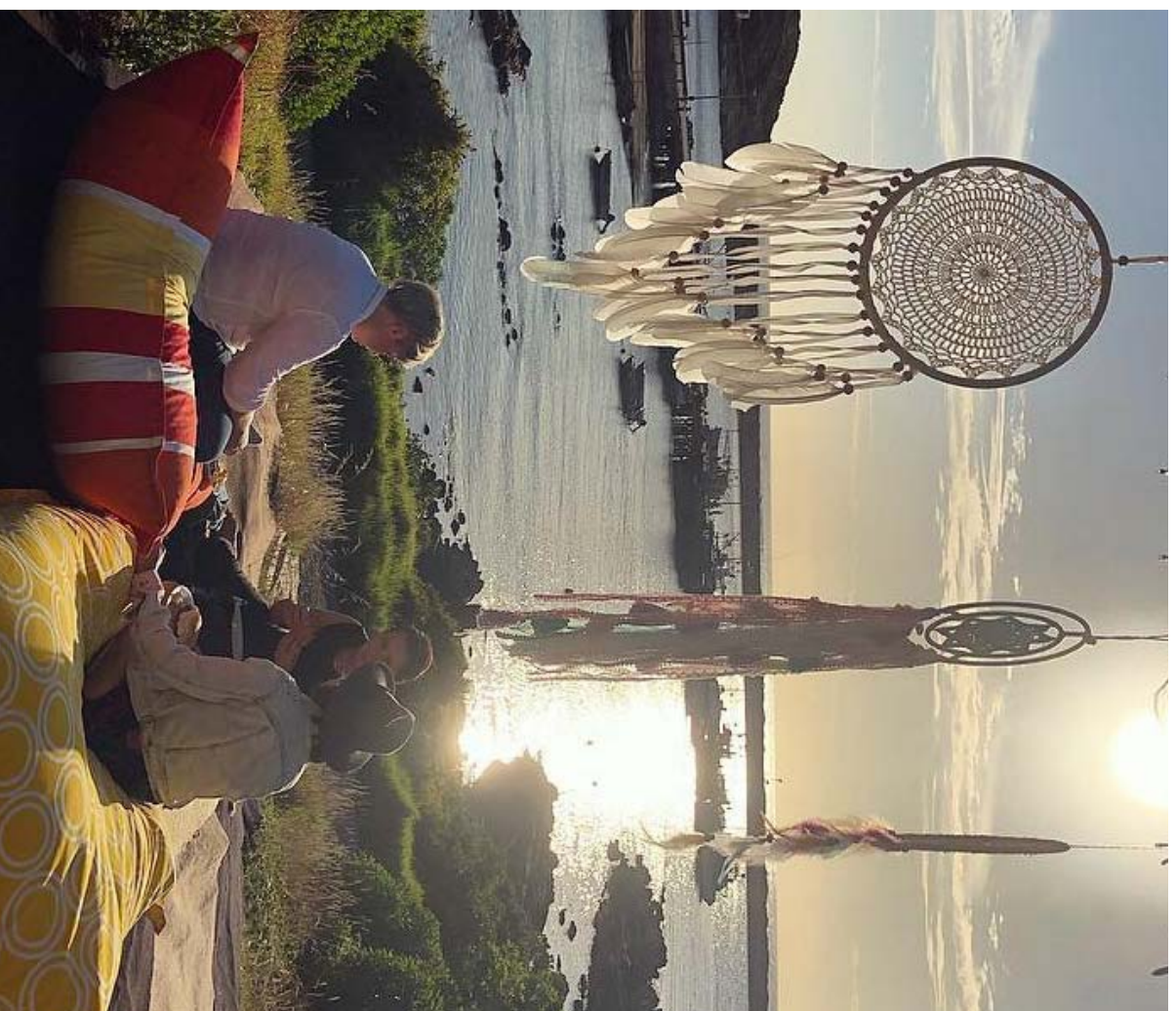
## THE SERENITY

"Ah the serenity", this phrase was obviously not coined on King Island but it is so very appropriate for this Island castle with a huge moat. Whether you choose to party, relax, fish, surf, golf, bush walk, sightsee or just wander about town the laid back nature of the locals Island lifestyle immediately strikes you as idyllic and stress free.

## THE FUN

The festival itself is free of queues and rush, the vibe is laid back and relaxing but it is also invigorating. Take a seat on the natural amphitheatre, wander down to the bar or for fine food at your whim, it's all too easy. Take a ride on the 100 meter long slippery slide through the coast hills at the back of the site or even partake in the silly but legendary pie eating competition. Jump off the wharf for some cool fun, join in the raft race or frolic in the shallow waters at the edge of the festival site. It all happens too easily!

OK so I don't have 99 reasons really but I have 9 really good reasons and the quality is what counts here. The Festival of King Island is one of the best little festivals you are likely to ever enjoy. Take the time to taste the event!



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# LUDOVICO EINAUDI + FLYING LOTUS 3D REVEALED

"I remember that in January 2018 I often went for long walks in the mountains, always following more or less the same trail. It snowed heavily, and my thoughts roamed free inside the storm, where all shapes, stripped bare by the cold, lost their contours and colours. Perhaps that feeling of extreme essence was the origin of this album."



The Museum of Old and New Art's high-summer festival in Launceston—Mona Foma—today announced two wildly different acts ahead of its full 2020 program release.

Classical superstar pianist and composer, Ludovico Einaudi (ITALY) is famed for his rippling, cinematic music.

At Mona Foma, he'll perform his immersive new project, *Seven Days Walking: a seven-part cycle inspired by a winter's walk in the Alps*.

Acclaimed LA electronic musician, DJ, film director and party shaman Flying Lotus 3D (USA) brings 3D screen technology to Launceston as part of his psychedelic audiovisual performance. Coupled with his electrified sounds of jazz-funk hip-hop, this will be a show to stimulate the senses (and yes, 3D glasses will be provided).

Brian Ritchie, Curator, Mona Foma said, "Ludovico and FlyLo represent extremes in music making. Ludovico and meditative and interrogating, FlyLo, an immersive sound and visual spectacle. Literally a spectacle because you'll need your 3D specs. They are bookends in a program that can embrace such polarity in the name of unbridled individual expression." Ludovico Einaudi will perform a standalone concert at the Princess Theatre in the afternoon on Sunday 19 January, with Flying Lotus 3D performing at the Festival Hub in Inveresk in the evening. FlyLo is included in a festival pass, with limited early bird passes available now.

The festival will run from 11-20 January with music and art taking place all around Launceston, Tasmania leading up to the main festival weekend from 17-19 January.

Mona Foma is supported by the Tasmanian Government through Events Tasmania.

## LUDOVICO EINAUDI (ITALY)

Pianist and composer Ludovico Einaudi was born in Turin on November 23rd 1925. Perhaps it was his mother, an amateur pianist, who gave him the first impulse to music, planting the seeds for what would become a fruitful, illustrious career.

He began to study music at the Conservatory of Turin and graduated with a diploma in composition under Azio Corghi at the Conservatory of Milan. Immediately he began post-graduate studies with Luciano Berio, with whom he worked as assistant, and later with Karlheinz Stockhausen.

In 1982 his talents would win him a scholarship to the Tanglewood Music Festival, where he first came into contact with the American minimalism. He spent the next several years composing for the ballet, the cinema and the theatre, including "Sul filo d'Orfeo" (1984), "Time out" (1988), "The Wild Man" (1991), and "Salgari" (1995), as well as many pieces for orchestra and ensemble, which were performed at La Scala of Milan, the Paris IRCAM and the Lincoln Center in New York. With the album "Stanze" (1992), a collection of sixteen compositions for harpist Cecilia Chailly, he set off on "a journey towards essentially, trying to achieve the maximum expressive intensity using the minimum indispensable". But it was with "Le Onde" (1996), his first solo album, inspired by Virginia Wolf's novel, that he captured piano world's attention, further enhanced by the following "Eden Roc" (1999), in which he played with a string quintet and duduk master Djavan Gasparian, and "I giorni" (2001), a cycle of ballads for piano inspired by a trip into Mali. He returned to Africa two years later at the Festival au Desert.

The new album "Diario Mali" with kora master Ballaké Sissoko blossomed from this experience.

The score he wrote in 2002 for the remake of "Doctor Zhivago" triumphed at the New York Film Festival. The increasing prestige of his soundtracks would

## Festival Pass

Secure your early bird festival pass for \$119-139 online at [monafoma.net.au](http://monafoma.net.au) from today. Tasmanians can buy a special locals ticket to the Festival Hub for \$89-\$99. Individual tickets to Ludovico Einaudi's performance at the Princess Theatre range from \$119-189 or are available for just \$79 when purchased alongside a Festival Pass.



be confirmed by "Vol of This World" (2000), "Light of My Eyes" (2001), "Strange Crime" (2004), "This is England", film (2004) and TV series (2010), "The Untouchables" (2011), "Samba" (2014), "The water driver" (2015) and "The third murder" (2017).

The live recorded performance at La Scala of Milan as well as the special concerts at the Hangar Bricca and the Royal Albert Hall, marked the achievement of full artistic expression. The more concentrated, introspective and meditative was the studio album

"Una mattina" (2004), the more expanded, challenging, sumptuous was the following "Divenire" with the Royal Liverpool Philharmonic. Both records, which were already topping the classical charts, crashed into the pop charts too for the first time. He was the only classical musician to play at the first iTunes festival. During the extended world tour that followed, he never stopped writing new music. In 2009 he released "Cloudland", with Robert and Ronald Lipok, and "Nightbook", a nocturnal, interior work that "projects the piano in every direction, like a shadow". The peak performance of his European and American tour was once again at the Royal Albert Hall, recorded live and released as a double CD and DVD.

For two consecutive summers he conducted the Orchestra della Notte della Taranta, producing a visionary musical direction that left a mark in the "black land of the tarantola". In 2013 he released "In a time lapse", a reflection on time, recorded in a monastery and "conceived as a suite or as the chapters of a single novel", in which his piano was accompanied

by strings, percussion and electronic tracks. The world tour that followed scored many remarkable performances, such as the Sidney Opera House, the Arena of Verona and the acclaimed "Piano African", for six pianos and six balconies and marimbas, which opened the Piano City Milano festival in 2014. The album, "Elements", released in 2015, sprang "from the desire to start anew, following different paths to knowledge".

Recorded over a span of three months in his home studio in the Langhe countryside, "while spring was exploding", the album became "a map of thoughts and feelings, points, lines, shapes and fragments of an ongoing interior flow through myth, Euclid, the periodic table and Kandinsky's writings." During the next three years, the "Elements" tour sold out either the world's premier pop arenas and the greatest classical theatres.

In 2016 he performed his "Elegy for the Arctic", commissioned by Greenpeace, on a floating platform amidst the ice in the Arctic Ocean. The same year marked the debut of "Dieci Notti" at Teatro Dal Verme of Milano, which would become an annual concert series: ten consecutive days of performances, special guests and events, "to give back something to a city that has given me so much".

Seven Days Walking is the title of the new album by Ludovico Einaudi, released earlier this year, three and a half years after Elements and a triumphal world tour.

## Mona

Mona Foma is a festival by Mona, the Museum of Old and New Art, in Tasmania. It's a high-summer celebration of music, art, performance and hedonism—a hot mess, if you will, designed to solicit discord and exploit your sense of fun. And it's curated by Brian Ritchie (yes, he who hails from the Violent Femmes).



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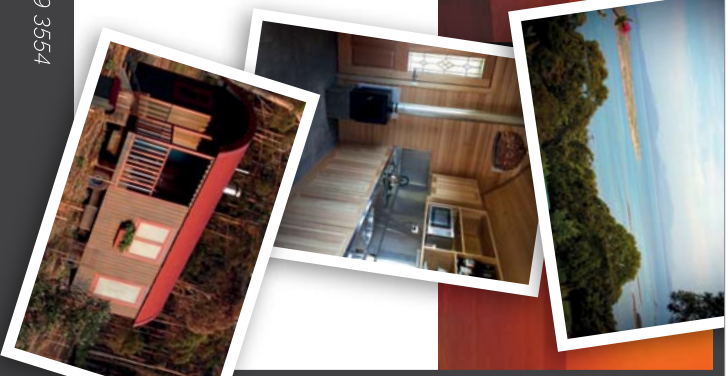
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# FIND YOUR GROUNDING AT FLINDERS ISLAND







In Hanny Aliston's own words, "Flinders Island is paradise without the people." With large stretches of its land covered only by the native vegetation gripping bravely to the sandy soils when the roaring forties rip overhead, rimmed by a diverse coastline which, when the sun shines, turns into the turquoise waters, white sand and red rocks of the paradise dream, she certainly has a valid point! It is into this dreamscape that world champion athlete, Hanny Aliston, and her athletic husband, Graham Hammond, are leading their inaugural Find Your Feet Trail Running Tour to Flinders Island.

"As trail runners, Flinders Island is paradise. We love this wild side to landscapes – the rocks, mud, uphills, descents... the childlike play that comes when we get to bounce from boulder to boulder until we reach an open stretch of sandy beaches and wade into the depths of its cool waters, squealing. The thing that enticed us to lead our inaugural Find Your Feet Trail Running Tour to Flinders Island is the fact that we don't even need trails to run on! From the wide-open plains of Whalenna Historic Area to the sandy coves, rocky headlands and smallest foot pads weaving to the top of Mt Killiecrankie... the island just beckons for us to run wilder."

Find Your Feet has been operating tours to many corners of the planet since 2014. The concept arose when husband and wife team, World Champion athlete Hanny Aliston and Graham Hammond, an elite ski instructor who also caught the trail running bug, were living in Canberra but pining for their home state of Tasmania. During this time Graham was working for an outdoor retail store whilst Hanny was working at the Australian Institute of Sport. On the side they operated a small but growing running coaching side-hustle. Graham's customers and Hanny's coaching clients all had one thing in common - they were all fascinated by Tasmania! One day they turned to one another and said, "why don't we show them our beautiful homeland?" The first Find Your Feet Tour sold out in 30-minutes and departed for Freycinet and Maria Island on Tasmania's East Coast in 2014. The group's twelve runners whooped and played, but also unwound in the breathtakingly beautiful landscapes.

Returning to Canberra Hanny and Graham knew they had something special to offer and their toes began to tingle for more. Widely travelled, it was a few months later whilst standing amidst the vast mountain-scapes of Italy that the idea expanded – "Would our guests be keen to join us here in Italy too? Indeed, they were and now five years later the couple have hosted over 40 tours to eight countries around the world. Every tour sells out as word spreads about this new way to combine a love of running, travel and self-exploration.

As a world champion athlete, Hanny knows only too well what is required to strive for performance in running. Now as a Peak Performance Coach, she enjoys helping adults of all abilities to step up to their athletic goals, assisting them with the procedural elements of running but also with how to harness a peak performance mindset. Hanny believes in the importance of supporting large dreams with a strong understanding of 'self', and this is where the tours become a really integral part of her coaching. The Find Your Feet Trail Running Tours take athletic adults away from the hustle and bustle of busy modern life into the natural landscapes such as Flinders Island. Whilst learning the art and craft of trail running, the guests are also exposed to a slower, more conscious way of life – from quality food to thought-provoking evening conversations, informal workshops and sharing their highlights of the day around the dinner table, the tours help the guests to explore their wilder side. They all return home to their friends, families and careers with a desire to 'be wilder', 'play wilder' and then use this knowledge and energy to perform wilder too. This is at the heart of Find Your Feet's ethos.

On Flinders Island the guests will be staying in the boutique Mountain Seas accommodation, nestled under the flanks of Mt Strzelecki. From this base camp, the guests will enjoy a mixture of local hospitality and the communities' running scene, to exploratory-style runs further afield on quiet trails, beaches and mountain summits. Oh, and digging for Killiecrankie diamonds! An important part of every tour for Hanny and Graham is the inclusion of community and to provide an insight into the local





“ Away from the hustle and bustle of busy modern life into the natural landscapes ”

way of life. Enjoying the island's local hospitality, fresh produce and participating in the local Parkrun on arrival on the Saturday morning are examples of this. Furthermore, Hanny and Graham are welcoming all members of the community to join them on their Sunday morning trail running at the spectacular Walker's Lookout. In fact, on this run it will be the island's locals who will lead the group through their favourite trails.

"I just love seeing the way trail running unites individuals. We will have trail enthusiasts joining us on Flinders Island from all corners of Australia, all of different ages, abilities and points in their journey to playing wilder. But after just one run on the trails we are all united, connected by the love of exploring and moving through landscapes. To then connect with

the island's local runners in the same way... that is something incredibly special to experience... to find out more about their way of life and more about this uniquely special island home that they love so much".

Hanny and Graham hope that this will be the first of many tours to Flinders Island although 2020 is already looking particularly full for them, with trips to the mountains of Tasmania, Freycinet, Japan's volcanic island of Hokkaido, the French Pyrenees, Chamonix and even Bulgaria! For two people who love exploring the world around them, striving to be the best version of themselves and then turning this passion into a strength for inspiring others, they certainly do appear to be living the dream. It is for this reason, as well as the success of Hanny's coaching, their 'Your Feet Podcast' and their online and Hobart-based outdoor

store, Find Your Feet, that they were awarded the 2018 Telstra Tasmanian Small and Succeeding Business of the Year.

"Whilst a lot of hard work goes in behind the scenes, and there are certainly highs and lows that come with taking the risks required to make it work, we wouldn't have it any other day. We bound out of bed each morning so empowered by what we do. So, after

our regular morning runs on our local Mt. Wellington we always feel ready to lean in again and make this work for both ourselves but especially our clients and customers... to taking the steps forward that will allow us to keep inspiring others. Yeah, it's a bit surreal and I am just so excited to see where it goes next."

For more information visit [findyourfeettours.com.au](http://findyourfeettours.com.au)





## ROCKJAW TOURS

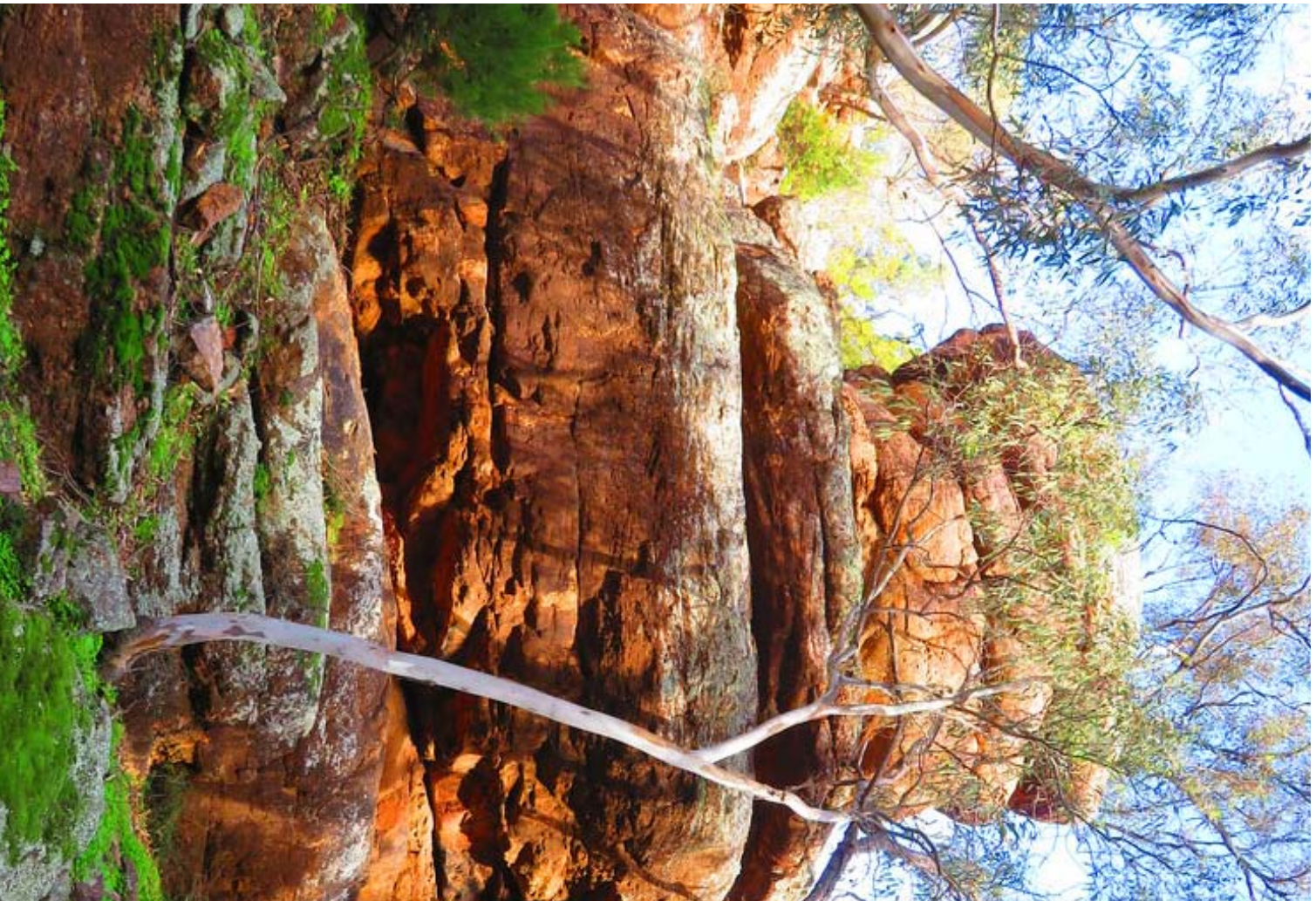
FLINDERS ISLAND HUNTING + FISHING TOURS

**Chris (Rockjaw) Rhodes**  
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email [chris\\_rhodes@bigpond.com](mailto:chris_rhodes@bigpond.com) web [www.rockjawtours.com.au](http://www.rockjawtours.com.au)







## A SPECIAL PLACE IN THE

# RIVERINA

### LEARN MORE ABOUT WHY THIS PARK IS SPECIAL

Cocoparra National Park is a special place. Here are just some of the reasons why:

#### **DRAMATIC ROCK FORMATIONS**

Conserving an important area of native vegetation, Cocoparra National Park stands out amid the surrounding plains and farmlands with its rugged ranges and spectacular scenery. Deep narrow valleys, folded and eroded rock faces and delightful waterfalls mean that the view is always changing. For a dramatic overview of the plains, take Jacks Creek or Mount Brogden walking tracks. The rugged, craggy landscape of the Cocoparra Range produces a great variety of habitats. You'll find woodlands and forests occupied by

white cypress pine, Dwyer's mallee gum, kurrjaong, yellow box and many more during your bushwalks. If you're a budding botanist, you'll love the delicate orchids and spring wildflowers.

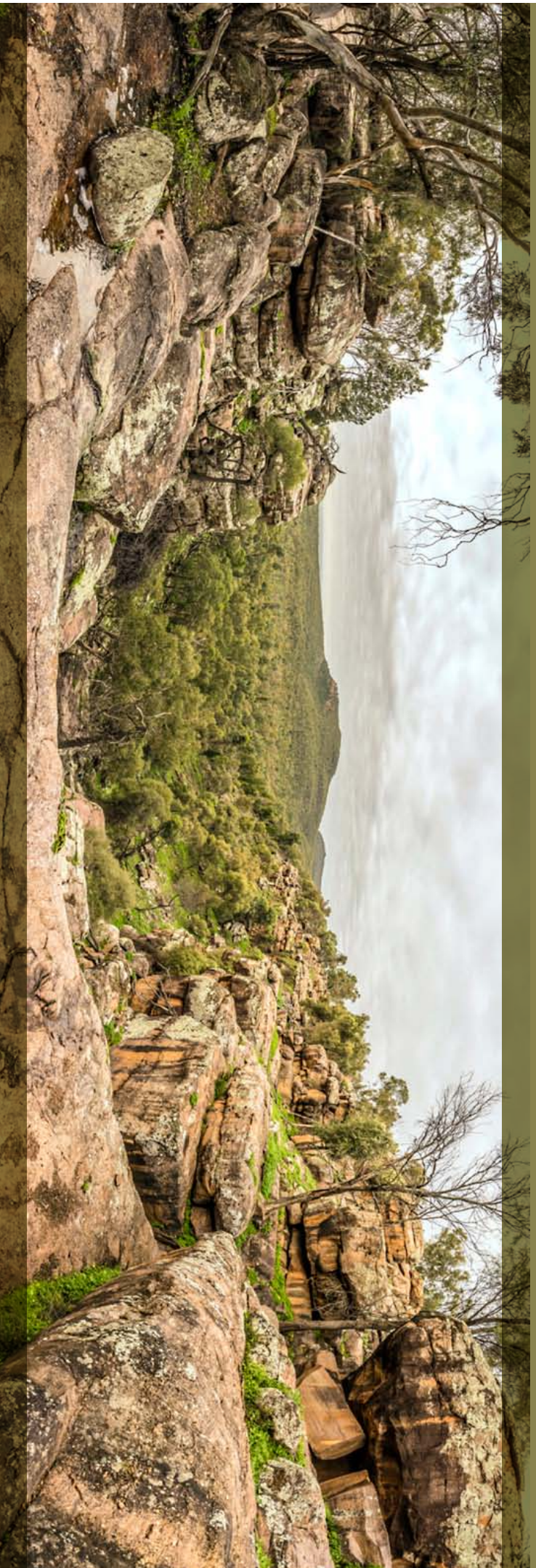
With its dramatic scenic views, Cocoparra National Park is fabulous for bushwalking and birdwatching, and within a half hour drive of Griffith in the Riverina.

Once inside Cocoparra National Park, the huge sky of the outback is painted with the distinctive Cocoparra Range. This dramatic and rugged place is a haven for bushwalkers, birdwatchers and nature-lovers, with a landscape that's vividly alive and always changing.

Visit after rain to see the waterfalls and creeks in full flow and come in spring to see the wonderful variety of wildflowers; orchids, wattles and tea tree bring extra vibrancy to the land. Other seasonal delights include the nesting season of the majestic peregrine falcons and the sight of rainbow bee-eaters building their homes in the ground – you'll know them by their amazing spectrum of colour.

Make sure you take the walking tracks up to the ridge to capture the views of the vast plains and other geological formations. Stay for a bush camp to really appreciate all the park has to offer. It's an incredibly peaceful place to spend the night.





## ANCIENT ABORIGINAL SITES

This is Wiradjuri country, and the many Aboriginal sites within Cocoparra National Park suggest intensive use during winter and spring when food resources became scarce along rivers, with surface water available in the protected valleys of the range. The name 'Cocoparra' comes from the Aboriginal 'cocoparra', or kookaburra.

## WALKING TRACKS

Jacks Creek walking track, Jacks Creek walking track threads through a sheltered gorge and upon ridge tops. You'll enjoy scenic views, plentiful birdwatching and diverse habitats.

Woolshed Falls walking track, Woolshed Falls walking track, near Griffith, is located in Cocoparra National Park, close to Woolshed Flat campground. It's great for walking with kids.

## A HAVEN FOR BIRDS

This is a mecca for birdwatchers, with many resident and migratory species recorded here. Look out for the locally-thr-eatened glossy-black cockatoo drinking from dams at dusk or quietly feeding on the seeds of the drooping she-oak. You may also see the many endangered woodland birds such as the hooded robin, speckled warbler, varied sittella, grey-crowned babbler, diamond firetail or shy heathwren. You can also visit the nesting grounds of the peregrine falcon at Falcon Falls.

## BEST TIMES TO VISIT

There are lots of great things waiting for you in Cocoparra National Park. Here are some of the highlights.

### AUTUMN

Camp at Woolshed Flat while the days are still long and warm enough to explore the walking tracks and the cool nights are pleasant for sitting and watching the sun set. Keep an eye out for the autumn greenhood, an early flowering orchid.

### SPRING

Take Jacks Creek walking track to see gorgeous spring flowers, including orchids, daisies, wattles and tea-trees. Watch the first rainbow bee-eaters arrive to build nests in the ground. Their brilliant colours are dazzling. Climb Mount Brodgen to look out over the plains and the tree line of Murrumbidgee River.

### WINTER


Winter rains bring the creeks and falls to life, and the blue-tinged cypress pine trees contrast against the red rocks beautifully after wet weather. The mosses and lichens on Falcon Falls walking track are also renewed with the seasonal rains. Wattles begin to flower and their glorious colour will brighten up a cold day.

Source: nationalparks.nsw.gov.au

For more information visit [nationalparks.nsw.gov.au](http://nationalparks.nsw.gov.au)

Subscribe to the [Naturescapes e-newsletter](#) which is packed with the latest information, experiences and events in NSW national parks.





# COME FROM AWAY

"A gale of good will blows out of this smart, robust musical. Even the most stalwart cyries may have trouble staying dry-eyed during this portrait of heroic hospitality under extraordinary pressure."

Newsweek said "It does what all the best musicals do: takes you to a place you never want to leave. A funny, charming and uplifting celebration. One of the best ensemble pieces in years!"

**Ben Brantley** - *The New York Times Theatre Critic*

"It takes all of ten seconds to be in its generous embrace. You stay there for the next 100 minutes: laughing, tapping your foot, wiping away tears, feeling good about humanity... without ever feeling you're just being sold gloopy musical-theatre good cheer." His voice kicks in soon after—it's warming and comforting and soars

**Dominic Maxwell** - *The Times UK Chief Theatre Critic*





The ground-breaking new musical is based on the incredible real-life events in the wake of the September 11 tragedy when 38 planes carrying nearly 7,000 people from over 100 countries were redirected to Gander, Newfoundland, almost doubling the population of the remote Canadian town.

### THEY JUST WANT TO MEET THE NICE PEOPLE

Late last spring, Barbara Pearson, who lives in Kips Bay and works in pharmaceutical advertising, took her 90-year-old mother and 37-year-old daughter to see the Broadway musical "Come From Away." The Tony Award-winning production, which opened in March of last year at the Gerald Schoenfeld Theatre on West 45th Street, tells the true story of what happened on 9/11 when 38 planes from all over the world were rerouted and ordered to land in Gander, a remote, tiny town in the northeastern part of Newfoundland. For five days, about 10,000 residents from the province fed, housed and consoled some 6,700 unexpected visitors.

Some opened their homes to people in need of showers, a change of clothes or a warm bed. Others bought rounds of drinks for stir-crazy passengers at the local bar. One local, Beulah Cooper, sat by a landing for days with a New Yorker who was waiting for any news about her firefighter son. Right away, audiences connected to the quirky story of mass generosity. But for Ms. Pearson, seeing it was particularly powerful. For the past year she had experienced heightened anxiety, she said, ever since the 2016 presidential election. "I don't want to sound overwhelmingly melodramatic," she said. "But there was a certain amount of survival of hope at stake."

When the musical was over, long after the clapping and dancing had stopped, Ms. Pearson was scheming. "I had this feeling that there was goodness, that if these people are really like this, I have to go there and meet them..."

By November she was on a plane to Gander to explore the area with Jenni Swan, 34, another New Yorker she'd met at a group discussion about the play. Surprisingly, Ms. Pearson is not unusual. She and Ms. Swan are two of many Broadway theatregoers

who have seen the show and made pilgrimages to Newfoundland. "Our tourism was up 30 percent this past summer from the previous year," said Claude Elliott, the former mayor of Gander and a prominent character in the production. "The way the world is reacting, the people who want to visit us — never in our wildest dreams did we think this would happen."

Tourism is now a billion dollar industry on the island, according to the Newfoundland's tourism department. Ms. Pearson said she simply wanted to visit the region to meet "nice people." She spent her vacation going to the mall, to the village green, to the local Tim Hortons (the Canadian coffee and doughnut chain), just to talk to whomever was next to her. One Gander couple with six children persuaded Ms. Pearson to come to their home for a traditional meal. "They made me something called a jiggs dinner that includes turkey and stuffing and pudding and carrots and potatoes and turnips and these fried bread-bowl things," she said. "It's a freaking Thanksgiving dinner, and they invited complete strangers into the house."

Other travellers are focused on meeting the real-life characters and visiting the locations featured in the show. "The play is 100 percent accurate," Mr. Elliott said. "Everything that is in that musical happened."

When Ryan Kraft, a 34-year-old sign-language interpreter in Toronto, visited New York for the Broadway premiere of the show last year, he got to meet Diane Davis, a retired teacher who had inspired a role in the musical. He had reached out to her several weeks before his trip to see if she'd be at the premiere. "I was obsessed, so I sent her a message on Facebook and said, 'I would like to meet you because I've seen all your videos and interviews,'" Mr. Kraft said. "Her response was something like, 'Oh! My first stalker!'"

After they met in New York, she helped him plan his trip to Gander. He visited every site in the show, from the international terminal of the airport to the Dover Fault, where two stranded passengers fell in love. "I laid on a picnic table and listened to the soundtrack," Mr. Kraft said. "That's what you do when you're on a 'Come From Away' trip." Mary and Burt Emerson, of





Naperville, Ill., saw the musical in both New York and Washington, D.C. They travelled to Newfoundland for their wedding anniversary, wearing their souvenir shirts whenever they went. "People noticed them and then started telling us stories of what happened during 9/11," Ms. Emerson said.

They visited the mayor's office, where they flipped through binders of thank-you notes sent by stranded passengers after they'd made it home. They also got "screamed in," a ceremony performed on non-Newfoundlanders in the musical that involves a speech, a shot of rum (or "screech") and kissing a dead fish. "It was a three-month-old cod they kept in the freezer," said Mr. Emerson. "It was nasty-looking, but it was fun." "All you have to do: the first Newfoundland you meet, tell them what you want to do, and we will take it from there," Mr. Elliott said. "I would say within an hour you can meet whoever you want to meet." Ms. Swan, the executive assistant from New York who travelled with Ms. Pearson, said that the trip to Gander was therapeutic. "I've been in New York City for 13 and a half years, so it's easy to get bogged down in the pressures," she said. "Going there and seeing what a positive mind-set these people have, I catch myself more when I'm stressing." The people of Gander may be welcoming tourists with open arms, but they are also taking full advantage of their moment in the sun. The town now has official van tours, welcome centres and signs for "Come From Away" fans. Gander's website warns those planning to visit during peak season (summer) to book accommodations and car rentals well in advance. Mr. Elliott, however, doesn't think this is an issue. "If there

is no more room just give someone a call, and you can stay in their home," he said. "That's just the way we are."

Mr. and Ms. Emerson are heading back sometime in 2018 to see sites like Gros Morne National Park. Ms. Pearson and Ms. Swan are also taking another trip in June to take in the icebergs, the whales and some little towns they missed on their first trip. The exchange goes both ways. The "Islanders," as they call themselves in the musical, are visiting New York, too.

"It was an eerie feeling being at ground zero," Mr. Elliott said. "It was like I was walking on sacred ground. You look around and close your eyes and you can envision what these people were going through that day and what terror must have been going through everybody over here." For Ms. Davis, the retired teacher, the Broadway premiere provided an opportunity for her to visit New York for the first time. She found that when she opened up to New Yorkers about her story, they were as hospitable to her as she had been to them. While in line at the 9/11 Tribute Museum, one man insisted on paying her admission fee. Outside the Gerald Schoenfeld Theatre, she asked a local couple to take her picture. They ended up inviting her to their home for dinner. "Saying no was one of my biggest regrets of my time in New York City," she said. "It was being on the receiving end of people giving. Going to places and having someone pay your meal or offer to take you somewhere," she continued. "It's an overwhelming experience."

ALYSON KRUEGER, THE NEW YORK TIMES February 28, 2018



## Melbourne

"Melbourne continues to lead the nation as its theatrical capital with the announcement of the refurbishment of the Comedy Theatre to host the Australia premiere of the Broadway musical COME FROM AWAY. A new Broadway musical about people coming together and having compassion for people in need, regardless of religion, race, or sexual orientation" said Producer Rodney Rigby. COME FROM AWAY tells the remarkable true story of thousands of stranded passengers and the small town in Newfoundland that welcomed them. Cultures clashed

and nerves ran high, but uneasiness turned into trust, music soared into the night, and gratitude grew into enduring friendships.

COME FROM AWAY is on now at the newly refurbished Comedy Theatre in Melbourne.

COME FROM AWAY is produced in Australia by Junkyard Dog Productions and Rodney Rigby.

### Tickets

On sale now at [COMEFROMAWAY.COM.AU](http://COMEFROMAWAY.COM.AU)





## FURNEAUX ISLANDS WELCOMES

# KUTCHA EDWARDS

Kutcha Edwards will be touring the Furneaux group for the second time since 2002. His show 'The Kutcha Edwards Hour' is here on the 14th & 15th of October in partnership with Furneaux Community Arts and Regional Arts Victoria. Partly funded by the Australian Arts Council, this tour will include a special concert for the small community on Cape Barren Island. Kutcha will bring to both communities "his journey through Australia's untold history as he relates and shares his experiences as a member of The Stolen Generations".

### MUSIC AND DANCE IN THE

#### FURNEAUX ISLANDS

Cape Barren Island has a unique place in Australian History with its Kent Bay being, in the south of the island, the second European settlement in Australia.

The settlement was a sealing station lasting only a decade from the late 1790's until 1870's after almost completely wiping out the Bass Strait seal population in that short time. The community that remained there became known as the Straitsmen and by the 1900's was a thriving community on this very remote island. They developed their own particular regional patois and had a passion for music and dance influenced by the sealers and whalers that passed that way.

By the early 1900's radio started to overlay the Islanders' music with a predominantly American country music influence. Artists such as Hank Williams, Jimmy Rogers and Australia's Chad Morgan and Slim Dusty among others became the soundtrack of the community as it listened to the Country Music Hour on the radio.

Naturally talented musicians within the community made their own instruments and picked up the songs from the radio in their own fashion and technique. Musicians such as Benvenuto, Neuto, Everett, Clive Beaton and others all performed for the community dances and social functions throughout the early 1900's. In the late 1940's Les Brown and his brothers Dennis and Norm, 'The Brown Brothers' became the popular band of the islands performing for many functions especially at the end of mutton-birding season 'Birders' dances.

Les Brown, with no formal musical training, developed a personal fiddle technique which is identified as the 'Cape Barren Island way' and is recognised by the Australian Musical Archives.

Some of his fiddle tunes appear in the Australian Folk Fiddles Song Book and whilst never recording in a studio, there are a couple of cassette tapes of him and others playing around someone's kitchen table in the 1960's. In the late 1970's after his death, four of Les's solo cassette recordings were transferred onto multi track tapes and his brother Norm and another OBI musician Elvin Beaton overdubbed spoons and guitar respectively onto the tracks. This was pressed as a vinyl EP and came out under the title of Cape Barren Island Dance Music... One of the tracks 'The Black and White Car' (a watered down version of the tunes real title 'The Black Cat Piddled in the White Cats Eye') was picked up by Clinton Walker in his pioneering work 'Anthology of Aboriginal Country Music' called 'Buried Country' which came out in 2000.





# STRAIT WORKS GALLERY 2019

## OCTOBER

**Lindsay Blue Bourke - Perpetual Blue A collection of seascape studies.**

Artist, teacher and composer, Lindsay graduated from the East Sydney Technical College with a Diploma of Painting. He is well known for his exhibitions, art shows and concerts most notably his 1970 Homage To Beethoven performed both in Sydney and Melbourne Town Halls.

He was the solo support artist for the 1974 Pink Floyd Concerts again in Sydney and Melbourne.

He now lives on Flinders Island and will exhibit current and past work from the 4th until 26th October in Strait Works Gallery in Whitemark.

All are welcome to attend, his Albums, CD's and art works will be available for purchase.

For further enquiries email [bluevanart@gmail.com](mailto:bluevanart@gmail.com)

## NOVEMBER

**Maria La Grue - 'Nature Studies'**

**An exhibition of flowers, plants and trees.**

Maria is one of the Islands most successful artists and her work is always exciting and inspirational.

[mariala@rc.com](mailto:mariala@rc.com)

## DECEMBER

**Furmeaux Community Arts Group Show.**

December again sees the popular Christmas group show with the gallery well stocked with hand crafted and artistic gift ideas. Be sure to drop in and have a good look!

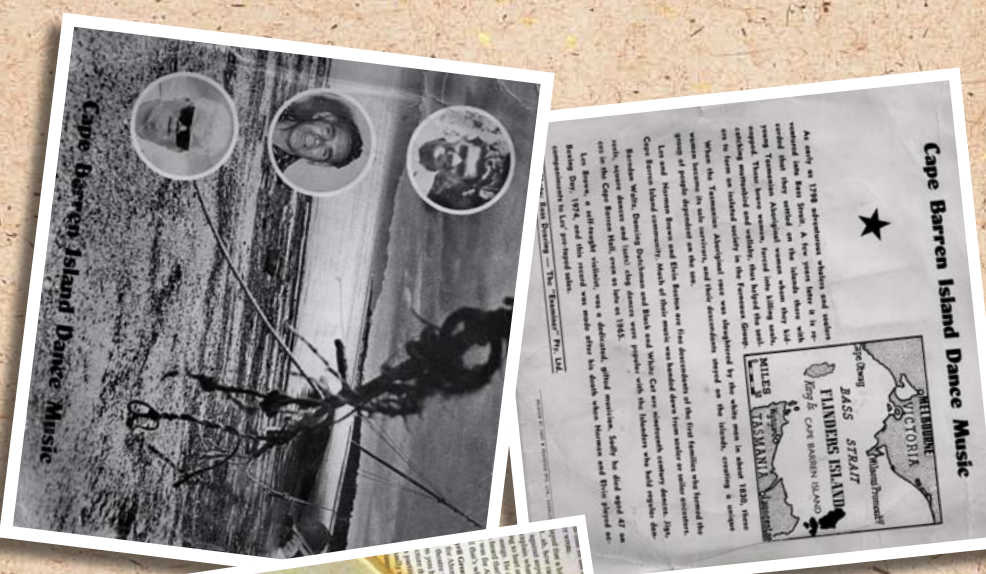
A selection from this anthology has just last year been remixed and released as a 12" Vinyl Disc through a joint production between Filipino Yeah Records (Gympie) and Mississippi Records (Portland USA). Australian singer/songwriter Darren Hanlon, who put the new anthology together did extensive research and interviews including Furmeaux Islanders, about the music and history and these are included in an accompanying book.

It is a validation of the creative resilience found in small remote communities that this naturally talented musician Les Brown and his music can still make an impact on Australia's Musica Heritage years later. Search on YouTube Black Cat Riddled in the Whites Cats Eye to find folk ensembles from as far as Schenectady NY to Kerang playing that tune with real gusto.

The Cape Barren Island Community went through some hard times with Government intervention and removals starting in the 1930's. The result was a diminished community. In 2005 a large part of the Island was handed back to the Aboriginal Community and now the small community is moving forward once again. Kutcha's visit to CBI is very significant in that it's one of few such occasions where performer and audience can share and reflect on past experiences.

Tuesday the 15th October sees Kutcha and his trio on Flinders Island. He will give a singing workshop with the students of the Flinders Island District High School. An evening concert for adults and kids is scheduled for 6.30pm at the Flinders Arts and Entertainment Centre in Whitemark. We look forward to a great night of music and storytelling in his own words "music is not what I do, it's who I am."

Once again FCA would like to thank Regional Arts Victoria 'Connecting Places' touring program and the Australian Arts Council for their help with this event.



### UPCOMING EVENTS AT FLINDERS ISLAND STRAIT WORKS GALLERY

**OCTOBER 2019**  
Perpetual Blue' Lindsay Blue Bourke



**NOVEMBER 2019**  
Nature Studies' Maria La Grue



**DECEMBER 2019**  
Furmeaux Community Arts Group Show

**PATRICK ST, WHITEMARK VISIT FACEBOOK FOR UPDATES**





# A CHILDHOOD DREAM

by Peter Gillett

I guess everyone has longings. It could be a great job with lots of money or perhaps fame, fortune?

Mine was a little different. As a kid I fantasized about living on King Island. It was windswept and barren. My home was a stone cottage right on the ocean's edge. It was old with chimney smoke unfurling from the open fire. Above Sea Eagles rode the thermals with effortless grace, the sound of waves crashing on rocks – the cleansing scent of salt in the air. Looking back to the land behind my coastal cabin I'd watch the leathery grasses waltz to the tune of the breeze.

It was an odd fantasy for a kid I suppose, even more so that I lived in the gritty Western Suburbs of Sydney. I had a telescope and with this I could read the time on the Sydney Town Hall Clock. I've wondered how the whimsical idea of King Island impregnated my mind for I had never met anyone who'd been there. Maybe the telescope gave me the idea I could see things that were far off, not seen by others.

Meanwhile life unpacked itself as it does when growing up. Schooling ended, work started and then came marriage and children. Because of high prices of real estate we moved to rural NSW where we could afford a home and I found a reliable council job.

Life seemed set, but misfortune in the way of a murder in the family changed all of that. Perhaps guided by a sense of justice I decided to join the NSW Police Force and I did this for nearly 15 years. The time came to leave the police. I had accounted well for myself and we parted on good terms.

But what now? Where do we live? (I lived in a police residence so we had to move). The ancient longing for King Island resurfaced in my thoughts like a dear friend appearing on my door step. I could almost smell the salt air on his clothes, his wild hair suitably tousled by Roaring Forties winds.

I told my wife about this dream and she looked at King Island on the net and liked what she saw. Soon

after we drove to Melbourne and bound the plane for the island. It was winter and the air was full of cloud. I felt the tilt of the plane as we started our descent. The engines thrummed differently and gaps of land appeared through the zipping clouds. I could see my King Island being revealed to me. The tarpaulin over ancient longings was being pulled aside. The plane circled the airport with its wing dipped to the ocean. I saw the craggy shoreline inch closer and they seemed to cradle fifteen years of policing heartache, her waves caressing my soul. I somehow knew I was home.

Janet and I have lived here some years now and I never lost the magical allure of the place. I have become a subsistence farmer who hand milks our cow each day. We planted an orchard that chooks and ducks roam and have 6 Maremma dogs to keep possums away. Apart from this we have a few sheep, a goat and two pigs that rotary hoe our veggie beds. It is so very different to locking up crooks for a living.

Janet has transformed the beautiful Dutch barn into an art studio where she paints, felts and prints.

I have turned my hand to writing projects.

(I have written and published a book about my career in the NSW Police. It is titled, "A Step Too Far" - available from Fortv South Publishing in Hobart or from our barn at Pagarah Homestead.)

King Island's wild isolation seems to draw artisans to her (or does it bring this out in her inhabitants?) She is held in the grip of Bass Strait and The Southern Ocean and in this protectorate creativity is born.

I used to wonder why I romanced about living on King Island. Now I ponder how I knew as a boy I would need King Island in my later years. Gone are the days of policing when I had to know the facts. Now I'm content to let some of those big questions go unanswered. It is often more interesting that way.





# WHAT'S ON AT THE WHARF

The Flinders Wharf offers the best of Flinders Island all in one place. Newly opened in April 2019, the Wharf is all about raw, pure, untouched basics. Flinders Island grows and farms the world's finest beef, lamb, garlic, honey, fruit, vegetables and seafood. This is all on show at the Flinders Wharf, where you'll also find premium Tasmanian spirits, wine and beer.

Now, coming into summer the Wharf is more interactive than ever, with the opening of Fumeaux Distillery, welcoming new chef Michael Yeo, who will be showcasing beautiful local produce, and hosting the visiting chef series.

During the visiting chef series, some of Australia's best chefs are invited to the island in pairs, providing an opportunity for two industry professionals to connect and work together in a truly unique environment. Chefs spend four-days exploring the island, diving, foraging, hunting and meeting producers before serving up their own menu from the Wharf for a weekend.

Jo and Tom are excited to announce the visiting chefs for September, October and November this year with 2020 dates to be announced in the coming months:

October 25th to 27th will see Hobart-based chef Matt Breen (Temple) and Adelaide-based Max Sharrad (Nido Pasta Bar)

November 29th to 1st December Luke Burgess (ex Garagistes) and Adam James (Rough Rice)

We chatted to Tom Ambroz, who recently made the move to Flinders Island as head distiller of the Wharf's new neighbour, Fumeaux Distillery. Previously of Sullivan's Cove Distillery in the south of Tasmania, Tom is excited to experience everything the island has to offer.



# Q&A

With Tom Ambroz, Furneaux Distillery - The Flinders Wharf

## WHAT MADE YOU DECIDE TO MAKE THE MOVE TO FLINDERS ISLAND?

I fell in love with the island immediately upon landing for the first time. I grew up spending a lot of time on the east coast of Tasmania, so the landscape and pace of life is very close to my heart. When the opportunity came up to run a distillery in one of the most unique and challenging places in the world, I couldn't turn it down.

## WHAT DO YOU LOVE MOST ABOUT THE ISLAND SO FAR?

There is something about this island that gets under your skin. It has a free, wild and mysterious quality which makes it a fascinating place to be. Everything is a little bit different here, from the beaches that sparkle in the sun from all the quartz rock, to the wallabies that literally knock on our door looking for a snack.

## WHAT ARE YOU CURRENTLY WORKING ON AT FURNEAUX DISTILLERY?

We are a brand new distillery, so we are mainly working on building our systems and processes to become fully functional so we can focus on the production of our peated single malt whisky, and our Unnamed gin.

## WHAT ARE YOU EXCITED ABOUT RELEASING AT FURNEAUX DISTILLERY?

We have just decanted our first barrels of whisky that we made a few years ago when the idea was still in its infancy. These barrels were filled with spirit distilled from 100% Tasmanian barley by us using the facilities at Launceston Distillery. Having whisky ready at the beginning of a distillery is a rare privilege, and we're

very grateful to the guys at Launceston for allowing us to use their stills! This whisky is delicious, having been matured in Apera and Tawny (Australian fortified wine) casks, and will only be available for sale by visiting us at the Flinders Wharf.

## WHAT DO YOU LOVE ABOUT MAKING WHISKY AND GIN?

Whisky is an incredibly long process, with the minimum age in Australia being 2 years old. We get to see the grain come into our distillery where we smoke it and eventually turn it into spirit which will be aged. This process is very satisfying to see, smell and taste. The gin is a lot of fun because you get to experiment with all of these different ingredients. Single malt whisky is defined as just water, barley and yeast, whereas with gin we can pick grapefruit off the trees at a farm nearby to use the peel and oils as a flavouring, or we can forage for some wild kunzea to use its lovely zesty fragrance. It's a real experimental process.

## DO YOU HAVE A FAVOURITE SPOT ON THE ISLAND?

Being in Trouser's Point as the sun goes down is one of the most magical feelings I have ever had. The light catches the granite rocks of Mount Strzelecki behind you, and the casuarina and Tasmanian blue gum tree surrounding you make for a completely unique environment.

### The Flinders Wharf

Phone: 0474 889 236

Email: [experience@theflinderswharf.com.au](mailto:experience@theflinderswharf.com.au)

Address: 16 Esplanade, Whitemark, 7255

Instagram: [theflinderswharf](https://www.instagram.com/theflinderswharf)

Facebook: [/theflinderswharf](https://www.facebook.com/theflinderswharf)

# SUMMER READING



## PLASTIC SUCKS! HOW YOU CAN REDUCE SINGLE-USE PLASTIC AND SAVE OUR PLANET

by Dougie Poynter

How can YOU help save our planet? This awesome and inspiring guide, written by musician and environmental activist Dougie Poynter, will tell you how to get involved in the mission to cut out single-use plastic.

Plastic is everywhere and it sucks. It fills up our oceans, endangers our wildlife and never goes away. So it's time to take action, find ways to cut down our plastic use, and help protect our environment. Together we can make a difference!

From the history of plastic to the effects of plastic on our planet to the innovations in plastic clean up and alternative materials, this book breaks down the plastic problem into easy digestible chapters (including "What's Going On", "Innovations in Cleanup," and "How to Create Change") that are packed with illustrations. And this isn't just a history of what's gone wrong with our environment; it's a handbook on how to change the world for better, empowering you to make everyday choices that help solve the plastic problem once and for all.

Plastic Sucks! How YOU Can Reduce Single-Use Plastic and Save Our Planet shows us how we can all make small changes and become champions for our planet





## BECOMING

by Michelle Obama

An intimate, powerful, and inspiring memoir by the former First Lady of the United States.

In a life filled with meaning and accomplishment, Michelle Obama has emerged as one of the most iconic and compelling women of our era. As First Lady of the United States of America—the first African American to serve in that role—she helped create the most welcoming and inclusive White House in history, while also establishing herself as a powerful advocate for women and girls in the U.S. and around the world, dramatically changing the ways that families pursue healthier and more active lives, and standing with her husband as he led America through some of its most harrowing moments. Along the way, she showed us a few dance moves, crushed Carpool Karaoke, and raised two down-to-earth daughters under an unforgiving media glare.

In her memoir, a work of deep reflection and mesmerizing storytelling, Michelle Obama invites readers into her world, chronicling the experiences that have shaped her—from her childhood on the South Side of Chicago to her years as an executive balancing the demands of motherhood and work, to her time spent at the world's most famous address. With unerring honesty and lively wit, she describes her triumphs and her disappointments, both public and private, telling her full story as she has lived it—in her own words and on her own terms. Warm, wise, and revelatory, *Becoming* is the deeply personal reckoning of a woman of soul and substance who has steadily defied expectations—and whose story inspires us to do the same.



## NINTH HOUSE

by Leigh Bardugo

The mesmerizing adult debut from #1 New York Times bestselling author Leigh Bardugo

Galaxy "Alex" Stern is the most unlikely member of Yale's freshman class. Raised in the Los Angeles hinterlands by a hippie mom, Alex dropped out of school early and into a world of shady drug dealer boyfriends, dead-end jobs, and much, much worse. By age twenty, in fact, she is the sole survivor of a horrific, unsolved multiple homicide. Some might say she's thrown her life away. But at her hospital bed, Alex is offered a second chance to attend one of the world's most elite universities on a full ride. What's the catch, and why her?

Still searching for answers to this herself, Alex arrives in New Haven tasked by her mysterious benefactors with monitoring the activities of Yale's secret societies. These eight windowless "tombs" are well-known to be haunts of the future rich and powerful, from high-ranking politicians to Wall Street and Hollywood's biggest players. But their occult activities are revealed to be more sinister and more extraordinary than any paranoid imagination might conceive



## THE DRESSMAKERS GIFT

by Fiona Valpy

From the bestselling author of *The Beekeeper's Promise* comes a gripping story of three young women faced with impossible choices. How will history—and their families—judge them?

Paris, 1940. With the city occupied by the Nazis, three young seamstresses go about their normal lives as best they can. But all three are hiding secrets. War-scarred Miette is fighting with the Resistance; Claire has been seduced by a German officer; and Vivienne's involvement is something she can't reveal to either of them.

Two generations later, Claire's English granddaughter Harriet arrives in Paris, rootless and adrift, desperate to find a connection with her past. Living and working in the same building on the Rue Cardinale, she learns the truth about her grandmother—and herself—and unravels a family history that is darker and more painful than she ever imagined.

In wartime, the three seamstresses face impossible choices when their secret activities put them in grave danger. Brought together by loyalty, threatened by betrayal, can they survive history's darkest era without being torn apart?





## THE SECRET COMMONWEALTH

by Philip Pullman

It is twenty years since the events of *La Belle Sauvage: The Book of Dust, Volume One* unfolded and saw the baby Lyra Belacqua begin her life-changing journey.

It is seven years since readers left Lyra and the love of her young life, Will Parry, on a park bench in Oxford's Botanic Gardens at the end of the ground-breaking, bestselling *His Dark Materials* sequence.

Now, in *The Secret Commonwealth*, we meet Lyra Silvertonque. And she is no longer a child...

The second volume of Sir Philip Pullman's *The Book of Dust* sees Lyra, now twenty years old, and her daemon Pantalaimon, forced to navigate their relationship in a way they could never have imagined, and drawn into the complex and dangerous factions of a world that they had no idea existed.

Putted along on his own journey, too is Malcolm, once a boy with a boat and a mission to save a baby from the flood, now a man with a strong sense of duty and a desire to do what is right.

There is a world at once familiar and extraordinary, and they must travel far beyond the edges of Oxford, across Europe and into Asia, in search for what is lost—a city haunted by daemons, a secret at the heart of a desert, and the mystery of the elusive Dust.



## INTO THE CROOKED PLACE

by Alexandra Christo

Into the Crooked Place begins a gritty two-book YA fantasy series from Alexandra Christo, the author of *To Kill a Kingdom*.

The streets of Creije are for the deadly and the dreamers, and four crooks in particular know just how much magic they need up their sleeve to survive.

Tavia, a busker ready to pack up her dark-magic wares and turn her back on Creije for good. She'll do anything to put her crimes behind her.

Wesley, the closest thing Creije has to a gangster. After growing up on streets hungry enough to swallow the weak whole, he won't stop until he has brought the entire realm to kneel before him.

Karam, a warrior who spends her days watching over the city's worst criminals and her nights in the fighting rings, making a deadly name for herself.

And Saxony, a resistance fighter hiding from the very people who destroyed her family, and willing to do whatever it takes to get her revenge.

Everything in their lives is going to plan, until Tavia makes a crucial mistake: she delivers a vial of dark magic—a weapon she didn't know she had—to someone she cares about, sparking the greatest conflict in decades. Now these four magical outsiders must come together to save their home and the world, before it's too late. But with enemies at all sides, they can trust nobody. Least of all each other.



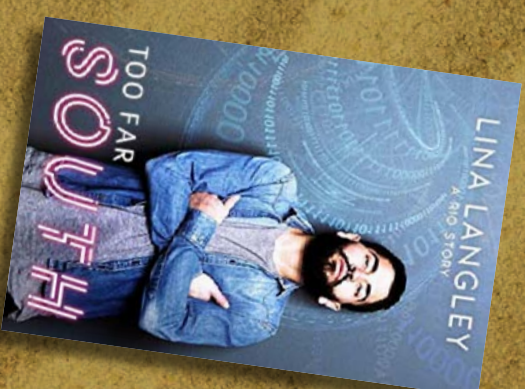
## EMBRACE YOUR WEIRD: FACE YOUR FEARS AND UNLEASH CREATIVITY

by Felicia Day

In *Embrace Your Weird*, New York Times bestselling author, producer, actress, TV writer, and award-winning web series creator, Felicia Day takes you on a journey to find, rekindle, or expand your creative passions.

Including Felicia's personal stories and hard-won wisdom, *Embrace Your Weird* offers:

- Entertaining and revelatory exercises that empower you to be fearless, so you can rediscover the things that bring you joy, and crack your imagination wide open
  - Unique techniques to vanquish enemies of creativity like: anxiety, fear, procrastination, perfectionism, criticism, and jealousy
  - Tips to cultivate a creative community
  - Space to explore and get your neurons firing
- Whether you enjoy writing, baking, painting, podcasting, playing music, or have yet to uncover your favourite creative outlet, *Embrace Your Weird* will help you unlock the power of self-expression. Get motivated. Get creative. Get weird.



## TOO FAR SOUTH

by Lina Langley

Rio's life isn't perfect, but at least it's finally getting somewhere. He has a job, no easy feat in an economy where almost everything is automated, and a partner that he's building a life with. When masked strangers break into his Bogota-suburb apartment to hurt his mother and take something extremely valuable away from Judy, Rio's partner, Rio needs to do something to replace what they've lost, but when one of his coworkers offers him the chance of a lifetime, Rio has to make a decision: is he willing to take a life for the person he loves most in the world?



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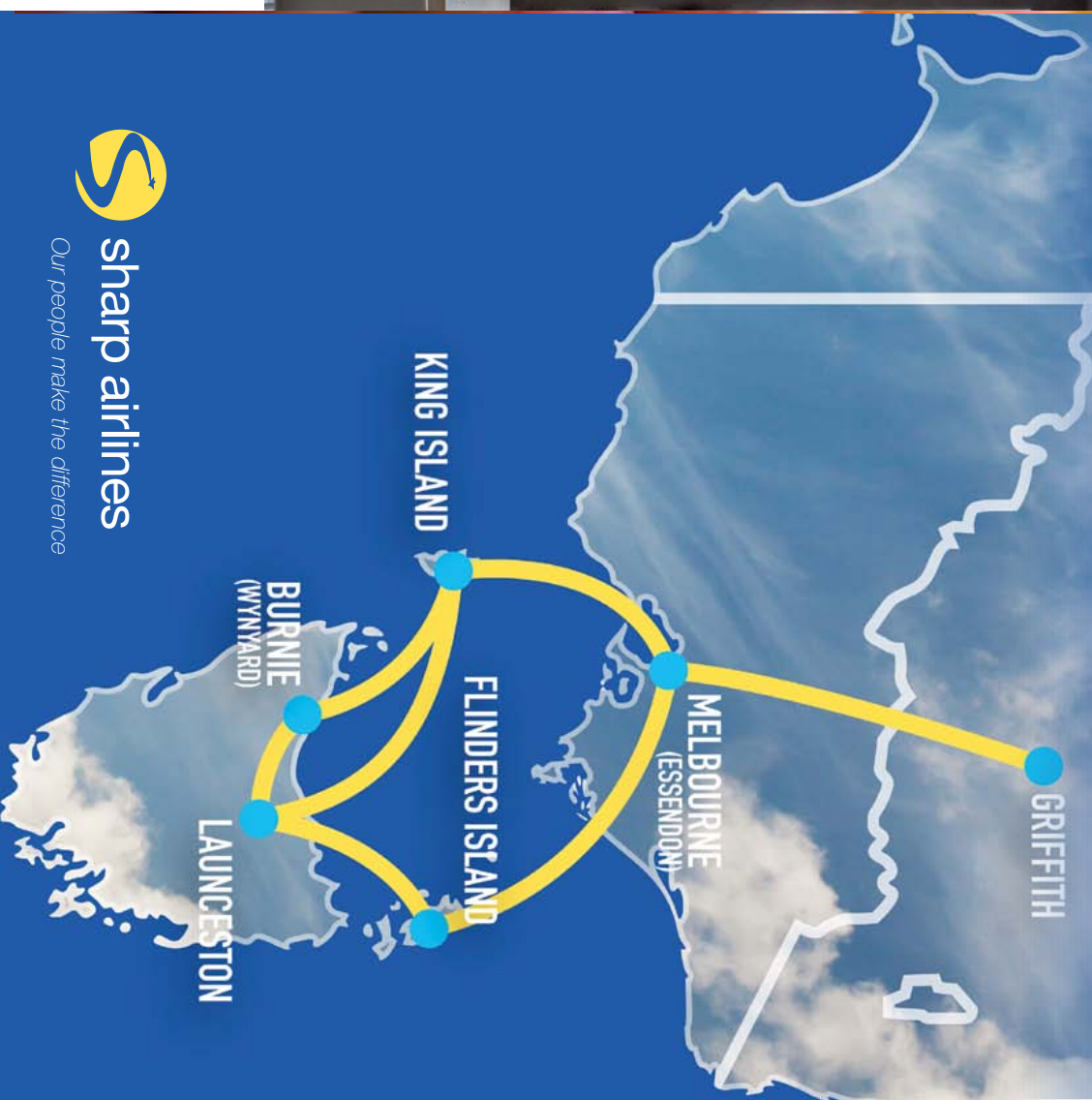
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